HE STONIES NEW!

FOREWORD

MAGNOLIA POINT COMMUNITY ASSOCIATION • Magpt.com • Board of Directors • Committees

In the Philippines, the months ending with 'BER' are the entirety of the holidays, the world's earliest and longest Christmas season. We've taken liberties with **The "R"** months on our cover, which in this country, technically, includes the 8 months of the year that include this letter. And considered to be the 'shellfish safe' season.

Stellar reporting by Committee Chairs Cindy Francisco (Landscape & Irrigation) and Paul Werring (Access Control). Don't miss their reports on *pages 4-6*.

The ongoing series on mobility issues in 'Playing Through' continues this month with an examination of Lymphedema; thank you, Summit Physical Therapy, *pages 8-9*.

Signed, sealed & delivered was Paul Nesbitt's classic 2008 Shelby Mustang Cobra, autographed by the legendary Carroll Shelby, and piloted enthusiastically just about everywhere he'd want to go by Paul. This is one collector's car that does not collect dust! *Pages* 10-11.

This month's MPWC Update takes a look at two more past presidents, Norma Chao and Sandy Waldrup. And, we continue our 'long goodbye' to Susan Mitchell, who's agreed to do a column from the road, though we don't have a name for it yet. (Suggestions?) *Pages 14-15*.

Meet Tony & Brenda Frey, contributors to The Magnolia, and spotlighted in this month's 'Faces & Names'. Plus some of their handiwork on the following page, as well as this month's striking back cover. *Pages 16-17*.

This month we features Linda and Paul Werring's 'home run' residence, one that checks all three of the *OutSide* boxes: *pool, patio & porch*. A unique home and a special couple, on *pages 18-19*.

Our new 'Pond Views' takes a look at the latest elephant in our room: algae in our ponds. In this first installment, we look at the methods used to control algae by our pond maintenance contractor, Solitude Lake Management, as explained by their onsite Aquatic Specialist, Kyle Follansbee, *pages 22-25*. Spoiler alert! Here's a peek at what other communities are doing to promote clean, healthy ponds:



Reports from the 9 and 18 Hole Leagues finish out our issue, on *pages 27 & 29*.

And we're happy to have Ann Sims contribute her proofreading skills to The News; her passion for precision in language is well known and is an important addition to our little group!

THE MAGNOLIA NEWS

Editor - Dave Petraglia davepetraglia@gmail.com Published on the 1st of each month at www.magnolianews.online

THE PHOTGRAPHER-IN-RESIDENCE Becky Hinson

THE COPY EDITORS

Ann Sims • Becky Hinson • Susan Mitchell

Cover: 'Serve', Editor





ASSOCIATION NEWS



VOLUME 4 ISSUE 9 REPORT FROM THE BOARD OF DIRECTORS SEPTEMBER 2023

Included in this month's Association News, are important updates across multiple topics and projects happening in our beautiful community!

Tower Park Sale

We have a potential buyer and offer at full price for the Tower Park. We are currently reviewing and finalizing the contract details and specifications. Further updates will be communicated as they become available.

Landscaping Project Updates

Tree Canopy Trimming: Annual tree trimming to clear low hanging branches over the roads is underway! We have hired American Tree Surgeons to complete this project. An estimated weekly itinerary will be provided via email through our news gram.

Upcoming Projects

We have a large focus in the Fall on beautifying and improving our front entrance. Projects that have been approved and scheduled include mulching of hedge rows and small bed areas, removal of jasmine bed and resodding, adding sod to bare areas and intense leaf cleanup of all bed areas. These projects will add a cleaner look and feel and require less maintenance moving forward.

Volunteers NEEDED!

We are desperately seeking volunteers across multiple committees, with several open vacancies. If you are interested, complete the COMMITTEE APPLICATION. Applications should be delivered to the CAM via the drop box at the front gatehouse or emailed to cam@magpt.com.

Watering Schedule

It's been a record-breaking hot summer! As a reminder, please ensure you are following the below

recommended watering schedule:



Register for MPCA Website Account!

To stay up to date with what is going on in our community, register for an account at www.magpt.com. It's easy! Simply fill out the registration form by clicking on the "Register Tab" in the upper right corner of the webpage. By registering, you're granted access to pages restricted only to members, will receive important communications from the Board of Directors and various Committees; can participate in online surveys and forums; and add your own content on some of our interactive pages. If you have any questions about registering or logging in, please contact the MPCA Webmaster at webmaster@magpt.com.

Our next monthly **Board Meeting** will be held September 11th at 6:30pm in the Crystal Dining Room at Magnolia Point Golf and Country Club. As a reminder, BOD meetings are now available to join online, via Microsoft Teams. Please refer to the agenda posted on our website, www.magpt.com for the call-in information and website link.

- NEIL KENNEDY





COMMITTEE BLAST



VOLUME 4 ISSUE 9

REPORTS FROM COMMITTEE CHAIRS

SEPTEMBER 2023

LANDSCAPE & IRRIGATION

We would like to congratulate Steve Fiero, L & I Committee member, on his successful completion of the UF- IFAS (Institute of Food and Agricultural Science) Master Gardener Volunteer program. Steve has reached out to the Clay County UF-IFAS extension agent, Wayne Hobbs, to ask him to help us with our Medinah gate project.

The unseasonably hot humid weather continued through August, but the rainfall has dropped off. All but one zone of our irrigation system is operational. We have nearly completed the diagnosis and repair process or our current irrigation system at the front entrance. The irrigation at the back gate was installed within the last 4 years and is in good operating condition. The Tower Park Irrigation system operates off of it's own deep well and has been operating well.

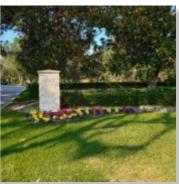
The L & I Committee received complaints regarding low, overhanging tree limbs and branches that were interfering with large vehicle traffic on some of our roads. The community association was also notified by the City of Green Cove Springs that there were areas where garbage trucks and other city utility/emergency vehicles were having issues with overhanging tree branches.

The CAM sent out a request for quotes from several ISA certified arborists to trim trees that were identified as needing up-limbing and trimming. Only two companies responded to the request for quotes. The Board chose the lowest bid, from American Tree, a company owned by a Magnolia Point resident, for the project. The CAM will be notifying the community

about the date the trimming will begin.

At the August 2023 Board meeting, the committee requested and received Board approval for release of funds from it's budget line item for 7 projects: 1) removal of the jasmine bed in front of the entrance sign on Harbor Rd. and sodding the area. 2) weed cleanup and sodding along the cart path on Harbor Rd. 3) bed cleanup of the two planting beds in the lawn area along Harbor. Rd. 4) clean-out and removal of the Magnolia leaves around the front entrance sign hedgerows 5) Bulk mulching the hedgerows around the front entrance sign 6) bulk mulching the





hedgerows on the exit side of the Magnolia Point front entrance. 7) purchase of soil amendments, bag mulch, fertilizer and bedding plants for the flower beds.

The Committee will be starting its fall planting as soon as bedding plants of the right variety, size, color and quantity are available. We are also seeking estimates for the Medinah back gate fence power washing, power washing and staining the fence at the front gate on the entrance side of Magnolia Point Blvd. near the cart path between the gatehouse and Harbor Rd. and adding 2 additional irrigation zones to that area which is currently bare ground.

Other projects the committee is currently working on are: 1) a major design and planting renovation at the front entrance sign on Harbor Rd.; 2) removal and transplanting of two of the three crapemyrtles which are the wrong color near the sign at the T intersection. They will be replaced at no charge to the community with the white Natchez crapes that the tree farm will give us. One existing tree will be transplanted to the community owned property in front of the Exit Realty building near the gatehouse and the other near the front of the gatehouse in the shrub beds on the median.

Projects that we are planning for next year are; renovating and replanting shrubs in our beds in front of the Exit Realty Building, doing a test project vinyl wrap of the large utility box at the intersection of Constancia and Magnolia Point Blvd. with a vinyl

Continued



COMMITTEE BLAST • II

VOLUME 4 ISSUE 9

REPORTS FROM COMMITTEE CHAIRS

SEPTEMBER 2023

wrap of either plant leaves or a wildlife scene for community comments and evaluation and installing park benches on community property at the front entrance area and possibly throughout the Magnolia Point neighborhood.

We would like to extend an invitation to our community members to help with finding homes with gardens that the community feels deserve recognition in it's Yard-of-the Quarter Award. The next award will be for the fourth quarter of 2023-October through December. Please contact Cindy Francisco at pltluvr44@aol.com with your yard suggestions.

We would also like to invite our fellow Magnolia Point community members to join the committee and help us move forward on our various renovation and beautification projects. Please contact Cindy Francisco at pltluvr44@aol.com or any L & I Committee member listed on the MPCA website under committees.

Other community news- every 4th Monday of the month at 11:30 am, to 12:30 pm, the Clay County UF-IFAS extension provides a Free Horticulture Advice Series for Clay County residents at the extension facility adjacent to the fairgrounds on route 16, the program for September 25th is "How to Properly Discard of Yard Debris and Protect Florida's Waters".

- CINDY FRANCISCO

ACCESS CONTROL

The Medinah Gate

As land is developed outside the Medinah (back) gate and traffic to/from our community increases through that gate, opening it to visitor, contractor, and Club traffic is being considered. The community's access and safety are an integral part of this proposal. If funding is available and the community supports this concept, implementing this proposal can be done late this year or early 2024. In order to open the gate to nonresidents in a secure manner, we will need to do the following:



Proposed Kiosk

- 1. Install a kiosk in the median (visitor lane) that can scan drivers' licenses, scan VMS QR codes, interact with Tekwave VMS, call resident's registered telephone number (resident can open gate via phone), and contact a remote guard if they cannot reach the resident.
- 2. A remote guard will be required for visitors that cannot reach the resident via phone or visitors to the Club. Most visitors will gain access via direct call to resident 24x7. The remote guard can be physically located in the front guardhouse or off premises.
 Building a gatehouse at Medinah gate is cost prohibitive. Options for remote guarding include:
 Add an additional guard at front gatehouse 7 days
 - Add an additional guard at front gatehouse 7 days a week, 8 hours/day, 7a-3pm, with an off-premise guard 7 days a week, 16 hours/day 3pm-7am.
 - Off premise guard 7 days a week, 24 hours/day.Combination of options a and b or not having a
 - Combination of options a and b or not having a guard monitor the back gate continuously in low volume periods.
- 3. Replace the outdated cameras and network video recorder (NVR). These new cameras will be used to identify visitors, their vehicles and license plates as required. Also included is pulling down our current enclosure where the NVR is located, replacing it with an air-conditioned unit, and rewiring everything inside.
- **4.** Replace/Update Medinah gate signage to provide instructions for visitor traffic.



Continued



COMMITTEE BLAST • III

VOLUME 4 ISSUE 9

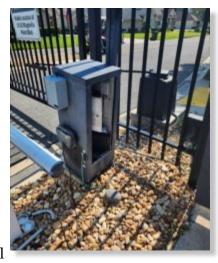
REPORTS FROM COMMITTEE CHAIRS

SEPTEMBER 2023

5. Remove visitor lane bollards.

6. Update damaged electronic controller box at gate.

7. Add a new Flock camera system (similar to the one at the front gate shown here) to the back entrance. As a reminder this system is a camera that can read a license plate and would notify local law enforcement of



suspicious vehicles. License plates are the #1 piece of evidence that police request in the case of criminal activity such as home and car break-ins. Flock Safety's cameras are entirely self-sufficient; they are solar-powered and send footage via mobile technology



to a secure cloud-based network unique to our community. Additionally, Green Cove Springs police have indicated this would increase their ability to identify vehicles who hit the back gate arms since they will have direct access to the video from the Flock system in their cars. This would greatly simplify the process of identifying those

who hit the gate arms and increase our ability to get reimbursed for the damages.

Securitas Update

At the August 14th Board meeting I introduced the new Securitas District Manager, Mr. Paul Fertig. He was there to observe the meeting and gather information on how Securitas can provide a better product. As I pointed out during the meeting, we get more than 10,000 visitors/contractors a month passing through our front gate and 99% of them are handled properly. However, Paul has pledged to make sure even this small number of errors is reduced or eliminated.

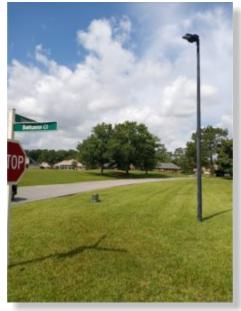
Broken Streetlights

Usually when residents report that a street light is not working it is repaired in a timely manner (withing a couple of weeks). However, we have been trying to get the one at the corner of Baltusrol and Colonial operational for several months now. I think we are finally making some progress. Green Cove Springs (GCS) has restored power to the transformer which feeds this street light. But unfortunately, our

contractor (T&M Electric) found another break in the powerline from the transformer to the streetlight (they did confirm the streetlight itself is working). They are scheduled to come out in the near future to look for and repair the break so we can finally get this light working.



Finally, as I have mentioned for the last couple of months, we received a bad batch of remote



clickers that are used by residents to gain access to Magnolia Point. That fact and the turnover at May Management had caused us to have a gap in the availability to issue new remote clickers. We finally have received additional clickers and they are now available to be issued. If you received a bad clicker, please return it to the gatehouse so we can issue you a new remote. We plan to send the bad clickers back to the supplier to either get them repaired or to receive a refund. We apologize for this inconvenience and thank everyone for their patience while we worked through this issue.

- PAUL WERRING





WE LIVE HERE, WE WORK HERE, WE PLAY HERE LET THE EXPERTS HANDLE YOUR MAGNOLIA POINT HOME!

Teatured Listings

For Sale



300 Cedar Creek Rd \$825,000 St. Johns River

For Sale



3624 Doral Ct \$555,000 Magnolia Point

For Sale



0 Bayard Rd \$1,695,000 St. Johns River

Top Producer Rosalind Arnold



Top Producer

Brooke Smith



Top Producer



3616 MAGNOLIA POINT BLVD. (904)284-4653 WWW.SELLINGCLAYANDBEYOND.COM



@ExitMagnoliaPointRealty



@Exit_MPR



PLAYING THROUGH



Healthy Life. Better Game.

LYMPHEDEMA

Lymphedema is a chronic medical condition characterized by the accumulation of lymphatic fluid in the interstitial tissues, leading to swelling, discomfort, and potential complications. It occurs when the lymphatic system, responsible for draining excess fluid and waste products from tissues, is compromised or damaged, resulting in impaired lymphatic fluid transport. Lymphedema most commonly affects the extremities, such as arms or legs, but can occur in other parts of the body as well.

Causes of lymphedema can be categorized into two main types:

- 1. Primary Lymphedema: This type is often due to a congenital malformation or abnormal development. Dysplasia of the lymphatic system can result as hypoplasia or hyperplasia. Hypoplasia is the most common form of dysplasia; the number of lymph collectors is reduced, and the diameter of existing lymph vessels is smaller than normal. In hyperplasia, the diameter of the lymph collectors is larger than normal which results in a malfunction of the valvular system within the collectors, which often leads to lymphatic reflux. It may be present at birth or develop later in life, usually during adolescence or early adulthood.
- 2. Secondary Lymphedema: This type is more common and occurs as a result of damage to the lymphatic system. The mechanical insufficiency present in secondary lymphedema is caused by a known insult to the lymphatic system. Common causes include surgical procedures that involve lymph node removal, such as those done for cancer treatment (e.g., breast cancer surgery), radiation therapy, trauma, infections (like filariasis), and inflammation. In the United States, the highest incidence of lymphedema is observed following breast cancer surgery, particularly among those who undergo radiation therapy following axillary lymph node dissection (ALND).

Currently, there is no cure for lymphedema; therefore, the main goal of treatment is to return the lymphedema to a stage of latency by utilizing remaining lymph vessels and other lymphatic pathways. The normal or near normal size of the limb should be maintained, and re-accumulation of lymph fluid should be prevented. Additional goals are prevention and elimination of

infections and the reduction and removal of fibrotic tissues.

Decongestive Therapies are the mainstay of treatment for lymphedema and are designed to reduce swelling, manage symptoms, and improve overall quality of life. These therapies often include:

- 1. Manual Lymphatic Drainage (MLD): A gentle manual treatment technique performed by trained therapists to encourage the movement of lymphatic fluid from congested areas to healthier regions of the body. The therapist applies a gentle stretch of the subcutaneous tissues along with a light directional pressure that serves to move lymph fluid in the appropriate direction.
- 2. Compression Therapy: The use of compression garments (e.g., bandages, stockings) to apply controlled pressure to the affected area, promoting fluid drainage and preventing fluid buildup.
- 3. Exercise: Gentle exercises and movements help stimulate lymphatic flow, improve muscle pump action, and support overall circulation. In addition, breathing exercises are an essential component for the sufficient return of lymphatic fluid back to the bloodstream by the downward and upward movement of the diaphragm in deep abdominal breathing.
- 4. Skin Care: Proper skincare and hygiene are crucial to prevent infections and skin-related complications in areas prone to lymphedema. Individuals affected with lymphedema are susceptible to infections of the skin and nails and meticulous care of these areas is essential to the success of CDT.
- 5. Combined Decongestive Therapy (CDT): A noninvasive, multicomponent approach that combines MLD, compression therapy, decongestive exercises, and skincare to manage lymphedema effectively.

Qualifications Required for Treatment: The treatment of lymphedema typically involves a multidisciplinary approach, often including various healthcare professionals such as:

1. Certified Lymphedema Therapists: These therapists are specially trained in manual lymphatic drainage and other techniques used in decongestive therapy. They have expertise in assessing and managing lymphedema.

Continued



- 2. Physicians: Medical doctors, especially those specialized in lymphology, vascular medicine, or rehabilitation medicine, can provide diagnosis, oversee treatment plans, and address any underlying medical issues contributing to lymphedema.
- 3. Physical Therapists: These professionals can guide patients through appropriate exercises and movements to improve lymphatic flow and overall mobility.
- 4. Occupational Therapists: They can assist patients in adapting to their condition, providing guidance on daily activities, recommending assistive devices if needed.

5. Surgeons and Oncologists: For cases involving secondary lymphedema due to cancer treatment, oncologists and surgeons might play a role in coordinating treatment plans and addressing the underlying causes.

It's important for individuals with lymphedema to consult with a qualified healthcare professional who can properly diagnose the condition and develop a personalized treatment plan based on their medical history and specific needs.

> Jessica Brown, PTA, EP-C for The Magnolia News









& Weakness • Pelvic Rehabilitation - Pelvic Pain, Incontinence, Pelvic Prolapse & Peri-Partum Care • Vertigo, Balance Training, Fall Prevention

 TMD, Headaches & Jaw Pain • Lymphedema Treatment Youth Performance Training & Injury Prevention

Golf Performance Assessment



DOCTOR'S INLET - THE SILOS ON 220 2219 COUNTY ROAD 220 SUITE 304 MIDDLEBURG, FL 32068 (P): 904-644-7722









Medicare • Tricare • VA Community Health • Most Commercial Insurances • Competitive Cash Pay Rates

www.summitspecialists.com





What year and make is your car, and what attracted you to it?



It's a 2008. The grill mimics the 1966 Shelby and the mustang tricolor ornament is exactly the same item as the 1966 part.

Can you tell us about the history and original

use of your car?
I bought the car with 23,000 miles and I now have over 112,000 miles. I've raced it on road courses and several trips to the mountains. We have the backseat covered so our dog goes with us all the time.

Have you restored or customized the car, and if so, can you tell us about the process?

It's original, except for regular maintenance parts like shocks, brakes, or the occasional bushings.

How often do you drive your Cobra, and where do you take it for drives?
I drive it pretty much everywhere: Home Depot, Lowe's,

Saint Augustine. It's been as far north as New York state, and as far west as New Orleans. I have gotten way more enjoyment out of my car than any depreciation I have gotten because of the mileage! What do you do to maintain it and keep it running well?

It is always garage kept and washed regularly, even underneath, and the engine compartment. I routinely vacuum it when needed as well. I always use a highgrade synthetic motor oil and change it regularly. I don't neglect anything at all on it as far as maintenance.

Are you a member of any classic car clubs or organizations, and have you participated in

any events or shows?
I'm not currently a member or any club, and I prefer cruise inns versus shows because they're not judged. I'm not envious of the other Shelby owners, but a car with as many miles as mine on it doesn't have a chance. I think trophies and plaques are overrated.

Are there any unique features or quirks about the car that you enjoy? And ones you don't? It handles like a dream in the curves, and has more than adequate acceleration and brakes. The exhaust system is a Ford racing item specific to the car, and sounds great, but quiet enough to have a conversation while



Continued



MAGNOLIACIONA

driving moderately. I took it to Sebring race track for two full days of all out, racing with a professional driver, and it was incredible. The driver even complimented me on how the car handled as he drove it first.









OUTSIDE SALE



BRING IN THIS AD FOR AN EXTRA 10%
OFF ALL OUTDOOR ITEMS

1435 S ORANGE AVE 904-863-3595

BECKY HINSON











PAST PRESIDENTS OF THE WOMEN'S CLUB • IV

Norma Chao 2014-2015 & 2020-2021

What was your greatest accomplishment as President? That would be, in my opinion, the Labor Day Festival: "Without you, what's the 'Point", held on August 30, 2014. Each of the committees had a booth to explain what their purpose was. The Country Club participated with guided tours and boxed lunches to sell, there were

outside vendors and even a mandolin concert. The pool was open and Allen Eastman served as MC. There was even a little hoedown music by the Shinns and Joe Chao. Oh, and don't forget the Puppy Parade!

My next presidency (2019-2020) was highlighted by COVID. Several meetings were cancelled, and membership was at an understandable low. But we managed to survive and come through strong.

What are the biggest changes you have seen in the Women's Club? The biggest changes that I have noticed is how the MPWC has grown within Magnolia Point Community and throughout Clay County as a result of the increased volunteer work and charitable giving.

What are your hopes for the Club? My hope for the Women's Club is that it will continue to grow as more women in the community are encouraged to participate and become involved.



What was your greatest accomplishment as President? I had one tough act to follow - Eloise Burman. She and the other presidents before her taught me time management and how to run board and general meetings in an efficient manner. Learning those skills kept our meeting times to a minimum, allowing for our members to enjoy to the fullest the many excellent informative and social programs offered. During my term, both the Programs and Social Committees were outstanding and offered many top-notch programs and social events. One of the most memorable socials was the luau held at Patrick and Judy O'Neill's residence for all members and their guests. That was followed up by the Program Committee securing Casey Jones, a Jacksonville resident, who shared his experience as a passenger on the plane – the "Miracle on the Hudson" - that crashed into the Hudson River in January 2009.

What are the biggest changes you have seen in the Women's Club? The biggest change I have seen in the Women's Club has been that the older, long-time members are stepping away from volunteering all together. Prior to being president, I served as Luminary Co-Chair from 2012 to 2014, then three years as Program Chair after my term as president ended. I am now doing all the communications to the members as Susan Mitchell prepares for her world travels.

What are your hopes for the Club? My hope is that members step up to volunteer for the many jobs needed to run a successful charity organization, but at the same time, enjoy making new friends and having fun while taking advantage of the social opportunities offered.





A Future Women's Club Member?

In July, the Women's Club made a donation to the Clay High boys golf team, presenting a check to coaches Jon Love and Ernie Young and members of the team. Jon and Ernie are also golf instructors at Magnolia Point. The donation was in support of the golf team's annual fundraising golf scramble and members are always willing to support this cause. This year, the golf outing was held at Magnolia Point on Sunday, August 13, and had a large field participating. Jon's daughter, Emma, was observed assisting her dad during the event. Hopefully, we can encourage her to become a Women's Club member when she gets older and bring her willingness to volunteer!



The Long Goodbye

Well, we just keep saying "goodbye" to Susan Mitchell, a long-time Magnolia Point resident and member and



dedicated volunteer of the Women's Club. Susan has worn many, many hats throughout her membership, but she decided last spring to "retire" and travel the United States with her daughter, Jenn. Unfortunately, as most know, Susan broke her ankle big-time and was sidelined for almost a year. Now, her home has recently sold and they are making preparations to finally head out and travel the country. After the member meeting on August 9, the group gathered once again to send her off and thank her for her many years of service. Interesting, it was a year ago in August 2022, that Susan had her first "goodbye" recognition from the Women's Club. Susan will be greatly missed; she is taking much institutional knowledge with her but it is comforting that she will be just a text or email away! Best wishes to Susan and Jenn!

Tools 4 Schools

The Women's Club, in conjunction with Clay Education Foundation, collected back-toschool supplies during the month of August. Members purchased and donated needed school items suggested by CEF as most needed. Suzanne Foster, Clay County Schools Director, and Donna Habing, Vice President, volunteered their homes to be drop-off locations. Once the drive was over, all the collected supplies were taken to Garber AutoMall, which has designated a special room in their Pre-owned Sales Facility to store school items year-round. Once the room was fully stocked, teachers were able to "shop" for supplies needed for their classrooms. The drive was a success, as CEF reported that 573 teachers were



Donna Habing, Heather Obermiller, Suzanne Foster, Susan Mitchell

served and \$67,000 worth of school supplies were given away.

In addition to noting the Women's Club participation, CEF recognized 17 other organizations, ranging from private business to governmental offices, that also helped with the drive.



FACES AMES 3679 OGLEBAY DRIVE







How long have you lived at Magnolia Point?

Since May of 2018. I'm a retired USN Captain (30 years), P-3C Naval Flight Officer and Commanding Officer of several commands; Brenda, aside from raising 5 kids as a Navy wife, managed a chiropractic business with multiple locations.

Who's in your immediate family, at home here or elsewhere?

We have 5 children: Brian (33) in Middleburg; John (deceased at 26 years old in May 2017); Lyndzie (31) in Sandy, UT; David (30) in Washougal, WA; Danniell (29) in Draper, UT. We have 10 grandchildren with 1 on the way.

Do you have any pets? We have one Ragdoll cat (McKenna)

What was your passion at 16? Tony: baseball and airplanes.

Brenda: horseback riding and the beach.

And now?

Tony: hiking, canoeing, photography, biking, reading, playing piano and organ, airplanes (Fly Navy!), trains and farm tractors! Brenda: family, art, music, and the outdoors.

What advice would you give to a 16-year old today? Tony: work hard, be kind and choose good friends. Brenda: choose your friends wisely, get good grades and enjoy this phase of your life.

What do you like most about your home?

The views of the sunsets and thunderstorms from our back porch and the variety of wildlife seen from and in our backyard, especially our feathered friends.

Do you have any household projects in the planning stage? Replace countertops and some flooring; paint and improve our landscaping.

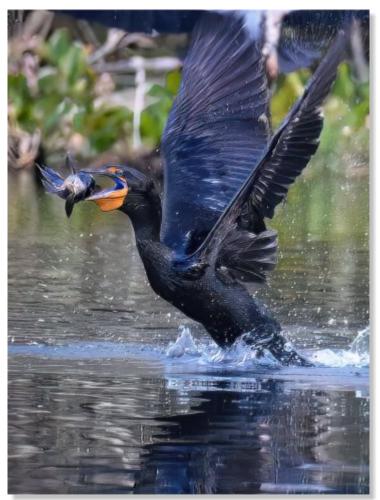
Do you see yourself living here in 5 years?

Perhaps, unless we were fortunate enough to find some property in the country and build our dream home.













BRENDA & TONY FREY



LINDA & PAUL WERRING 3655 SHINNEOCK LANE

How long have you lived at Magnolia Point? We have lived here five years.

It's an 'OutSide' homerun: you have a pool, patio and a porch. Which was key in the design

of your home? When we built the house, I said I had to have a front porch and Paul said he had to have a pool.

What do you like best about your porch?

For me, Linda, it brings back childhood memories. I was very close to my father and I think of him every use it in the pool area so we had to figure out where we would put it. We think it was a logical decision, lol! We can enjoy being outside. It's a beautiful view of the pond and on a clear night, it's gorgeous to look up at the stars and moon.

How do you spend your time there?

Relaxing! During the Spring and Fall we will have a fire in the chiminea at night and just chill out. Sometimes, we invite friends and neighbors to join us.

Was the pool part of the original build?

Oh my gosh, YES! Paul said I could design anything I wanted for the house, but he had total say for the pool, lol! For him, the pool was and is the most

important part of the property. When he is not working in the yard or fixing the entrance and exit gate arms for the neighborhood, you can find him either IN the pool or by the pool.

time I sit on the porch. I grew up in Ohio and just about everyday from Spring through Fall, he would sit on the porch after supper. It was our time to be together, talking about our day, him reading National Geographic and me looking at the pictures, or us just gliding on the glider together. It was very peaceful back then and my porch today is very peaceful for

Was the patio part of the original design, and

what influenced the unique way you sited it? Yes, it was in our original plan. We had a chiminea before we started building here. We wouldn't be able to

L. Werring

*Is the lanai your go-to entertainment space?*Not necessarily. However, it's Paul's "go to, stay there" space. He has dubbed it his "Oasis". He lives out there.

Continued



me.

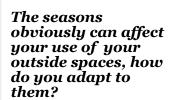
3655 SHINNECOCK LANE



Is there anything about your 'OutSide' you'd like to change?

Two things. The first thing Paul said was the grass. He really did not want to build because he wanted an established yard with nice grass. It's taken five years, but he is finally getting the grass to look ok.

The second thing is adding a built in outside kitchen to the pool area. Whenever our gas grill bites the dust, that's when we will put in a permanent outdoor kitchen.



When it's chilly or cold outside, Paul uses his space heaters. So he can enjoy his "oasis" all year long.



Photos: Editor





Strength•Balance Flexibility

Clean & Welcoming Environment
No Judgement • Beginner Friendly!

Download the Yoga Den App to View Schedule & Book a Class: www.yoga-den.com

Yoga Den Fleming Island 3555 US Hwy 17 • Fleming Island, FL 32022

904-375-1162

flemingisland@yoga-den.com

Ask About Our August Events!

Preserve Your Precious Memories!!



Home Movie & Slide Digital Transfer
Videotape Digital Transfer (VHS, 8mm, Mini-DV Tapes)
Video Production & Editing
Photo Video Keepsakes

We're local and we serve this area! Call today 904-736-6794

Mention this ad for 20% off homevideostudio.com/gcs Find us on Facebook: Home Video Studio Green Cove Springs







RONDVIEWS



Magnolia Pond #13

THE ALGAE ISSUE

Magnolia Point is home to 967 residential properties, many of which border the 38 ponds within our gates. Most of the property lines of our 'waterfront' lots extend into the ponds they're on: we **own** our ponds. Wildlife above and below the water line thrives here, and the views, particularly those in early morning or at sunset, can be spectacular. What also thrives, especially during our long spells of warmer temperatures, are weeds and algae.

Take the algae (please!): it's common in Northern Florida ponds and can exist in various forms due to different environmental factors. Algae growth is primarily driven by nutrient levels, sunlight exposure, temperature, and water chemistry. *Planktonic algae* are one type, and are a vital component of the pond's food web, serving as a primary food source for various aquatic organisms. But there is always the chance of too much of a good thing. Here are the types of algae, and the problems they may create, as well as hazards, and control methods:

Green Algae: This type of algae thrives in ponds that have lots of nutrients, from the fertilizers we use on our lawns, pet waste, and even sewage. And it can cause some real issues:

Continued



When these algae blooms get really dense and then die off, they can use up so much oxygen that fish can't survive, and you end up with fish kills. Then, the water can get murky because of these dense algae crowds, which cuts down how much light can get through and messes up the whole underwater world. Finally, some species can create toxins that are bad news for both aquatic life and even people and animals that come into contact with the water.

However, there are ways to keep them in check:

- We can cut down on the nutrients they thrive on by being careful with fertilizers and managing runoff.
- If we add more oxygen to the water artificially, it can help counter the damage caused by these algae blooms.
- There are special treatments that can be used to control their growth, but we've got to be careful not to hurt other creatures in the process. This is for the pros.

Blue-Green Algae: These species love it warm and having lots of nutrients around too, things like phosphorus and nitrogen, but bring their own set of problems.

Many of them can make toxins, like cyanotoxins, which are bad news for people, pets, and wildlife if they're swallowed or even just touched. They can grow so fast that they damage the water quality and the whole ecosystem can get out of whack. And like green algae, when these die off, they use up oxygen, which can break all hell loose in the underwater world again.

Here's what we can do to spoil their party:

- As with green algae, we can cut down on the nutrients they thrive on by being careful with fertilizers and managing runoff.
- And, we can mix up the water more to break up the surface scum and control their growth.
- Regularly testing the water can help us spot these algae early on and do something about it.

Diatoms: These algae like a lot of nutrients too, but have a thing for waters that are kind of dirty. And they can cause some trouble too. When there are too many diatoms, they stress the whole food chain underwater, and fish and other



Magnolia Pond #37

creatures suffer. Then, in usual algae fashion, they use up oxygen as they break down, and that's not good for aquatic life.

But there are ways to manage diatoms:

- Same first step: keep control on how much nutrients are getting into the water.
- Managing the amount of dirt and mud around can also prevent them from thriving in those nutrient-rich conditions.
- Cultivate native aquatic plants: they'll compete with diatoms for resources and slow down their growth.

- Editor

Kyle of Solitude Lake Management treating Magnolia Pond #4



INTERVIEW WITH KYLE FOLLANSBEE, SENIOR AQUATIC SPECIALIST, SOLITUDE LAKE MANAGEMENT:

You use an ATV with a sprayer system to dispense chemicals; isn't a boat better?

I can get more done with the ATV; it allows me more accessibility throughout Magnolia Point, and the ability to utilize the high pressure spray system and larger tank to distribute chemicals. Some applications benefit from using more water to spread the herbicide or algaecide into the water or on the surface of the plant or algae. The higher pressure also allows for a greater penetration into the algae and farther distance for spraying. I prefer to utilize the ATV and my waders until the need for the boat arises.

We have 37 ponds here; do you treat them all? In short, yes. The key point being that I manage all 37 ponds and treat them as necessary. Not all ponds need treatment all the time.

What chemicals are you using now, and what do they do?

I have 17 approved herbicides registered by the EPA to utilize in order to treat submersed vegetation, emergent vegetation, and algae. Each has a different target species and mode of action. The herbicide is selected based on target plant and selectivity.

Will we ever be able to get our ponds clean and keep them that way?

It is a misconception that a "clean pond" is a "healthy pond." We are managing ecosystems, each with their own biological chemistry and environment. Each body of water is treated individually and cannot be compared to another. Over time, there is always an increase of nutrients into these waterbodies. These nutrients present themselves as vegetation, algae, and muck in a pond. Every pond here is a stormwater retention pond. Their purpose is to collect water from the environment and capture the nutrients before they get into the surrounding natural areas. Fertilization of golf courses and residential lawns, grass clippings, and animals are all constant sources of nutrients into the ponds.

Submersed vegetation aids in reducing the nutrients that can contribute to algae; however, grass carp eat the submersed vegetation so the nutrients will go to algae. Due to the shallow depth of the ponds, the submersed

vegetation tops off pretty quickly and requires managing. The increase of light penetration will contribute to the amount of growth, as well. Sometimes I utilize pond dye to reduce this.

Controlling nutrients is key to pond management. By improving aerobic activity, we can improve the water quality. Diffused aeration can help to provide oxygen throughout the water column and support microbial uptake of excess nutrients. Probiotics and enzymes are utilized to improve the microbes and increase the efficacy of my treatments. There are also some tools used to capture the phosphorus in the water and bind it into the substrate. These flocculants can come at a high cost and must be utilized appropriately to receive a desired effect.

In 'Guidelines for Designing and Maintaining Florida Ponds', FWC states 'Properly designed ponds with a narrow fringe of vegetation seldom develop problems'. Is that something we should do?

This is the 'littoral shelf', the area on the edge of the turf where it meets the pond. It is very beneficial to have vegetation here for several reasons. Plants can reduce the amount of nutrient run-off getting into the water. This is especially important where there is a lot of fertilization occurring. Littoral plants also suppress erosion as they have a more extensive root system and can provide better structure along the edge. I do my best to control the woody and invasive vegetation along the edge, while allowing our beneficial native plants to establish. Unfortunately, I cannot control the landscaping that occurs, in which a lot of beneficial plants are being cut and grass clippings being introduced into the water. I would love to see more growth on the edge. There are some beautiful flowering plants that would do great in Magnolia Point!

If you could, what would you change about our pond environment?

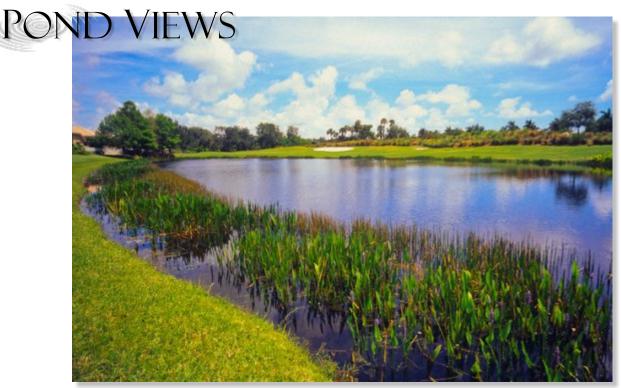
I would like to be able to install littoral plantings in the ponds. They will provide aesthetics, as well as aid in nutrient control and erosion. Some are, as can benefit from them more than others but, overall, will make a great improvement.











FWC: 'Properly designed ponds with a narrow fringe of vegetation seldom develop problems'

SEARCH MPCA DOCUMENTS QUICKLY ONLINE

MAGNOLIAresidents

Search here...

A searchable archive of MPCA documents, including Covenants, By Laws, Articles of Incorporation, the Community Handbook, ARC Applications, and more. You can search words like 'cart' or 'fence' or 'parking'. NOTE: these are original MPCA documents and are for informational purposes only. Every attempt is made to keep this library current; consult magpt.com to confirm latest version(s).

search.magnoliaresidents.com gets you to the document(s) you need quickly.





OCTOBER 7: COMMUNITY YARD SALE

Gates open 8AM - close 4PM

Our next semi-annual Community Yard Sale is on Saturday, October 7th. Our association allows two community-wide sales each year, on the last Saturday in April and the first Saturday in October.

Both gates will open to the public at 8:00am and buyers CANNOT enter the community early. At 4:00pm, the gates will be closed. Both gates will remain open during the hours of the sale.

Residents who participate should display a balloon on their

mailboxes, and the merchandise for sale should be set up in their driveways as close to the garages as possible.

Since the sale is open to the public, please monitor the parking in your area.

Our CAM will advertise the sale in the local newspapers and residents should advertise what they are selling on social media, including Facebook, NextDoor, Craigslist or any other media platform. Be sure to mention that this is a community-wise sale.

There will be a large banner on the railing at the corner of US 17 and Harbor Road on the day of the sale. If you have any comments, contact communications@magpt.com.







THE 18 HOLE LEAGUE

Our 2023-24 season starts on Thursday September 7. We welcome any lady golfer with a 36 or less handicap to join our fun group. For information, contact Jeanne Gorman at (904)284-4804 or email jeebabe@comcast.net

This year our schedule for Jacksonville Summer Team League was pretty straightforward: five away games and then five home games. On **July 25** we played against Eagle Harbor. We had lost to them at Eagle Harbor by one point so we were looking for revenge and got it! Our A players, **Bonnie Burkhart** and **Brenda Bailey** scored 9.5 points to Eagle Harbor's 8.5. **Donna Willard** and **Rebecca Goodwin** won the B match 10 points to 8 points. The C team of **Lynda Fawcett** and **Casey Yeomans** were stars with a spectacular 12 to 8 points win. Total points: Magnolia Point 37.5 to Eagle Harbor 22 points.

On **July 27** we did almost as well. This time against Deerwood who had beat us by three points at Deerwood. Again, we wanted payback. The A team of **Bonnie** and **Brenda** took 9.5 to 8.5 points. B team of **Jeanne Gorman** and **Fran Kinney** were superb: 11 to 7 points and **Pat Burnell** and **Ann Brown** on C team won 10 to 8 points. Another convincing win with the total Magnolia 30.5 to Deerwood 23.5 points. Great playing, especially **Bonnie's** 83.

On **July 31** our opponent was The Plantation. This was a closer match, but we still came out on top! The A team, **Brenda** and **Donna** lost 8.5 to 9.5 points. B team of **Fran** and **Ann Brown** won 11.5 fabulous points to 6.5 for The Plantation and C team of **Lynda** and **Casey** lost 8-10 points for a total of Magnolia Point 28 and Plantation 26.





August 8 was the final game of the regular schedule, and we needed a strong win to get to the playoffs. Our opponent was St. Johns Golf and Country Club. It was another super steamy day. Could we do it? The A Team of **Bonnie** and **Brenda** took 9.5 to 8.5 points B team of **Jeanne** and **Fran** 11-7 and C team of **Ann** and **Pat** took 10 to 8 points for a total of 30.5 to 23.5. And we were in the wild card match by .5 point.. This is the best our team has ever done in this tournament, Congratulations to all!

August 10 was Round one of the Playoffs. Our opponent was Hidden Hills, rated number one in the field. We were playing at The King and the Bear. Playoff rounds are played at a neutral course. Our team of **Bonnie**, **Jeannie**, **Erin Love**, **Ann Brown**, **Casey Yeomans** and **Mary Summerall** fought hard, but couldn'tquite pull it off. We lost by two points: 26-28.

In the semi-finals played at Deer Creek, Plantation defeated Hidden Hills 29-25. In the other match played at Jax Beach, Palencia beat Eagle Harbor 32.5 to 21.5. This set up the final match: Palencia vs. The Plantation at San Jose. And the winner was Palencia 29-25! Congratulations to all the participants as we look forward to next summer.





MAGNOLIA HOME SERVICES

LIMITED LIABILITY COMPANY

JOHN CARDINELL - OWNER 904.315.4587

HOME REPAIRS | REMODELING
PROJECT MANAGEMENT | CONSULTING
Veteran Owned | Senior Discounts
Free Estimates | 20 Years Experience

magnolia.home.services.florida@gmail.com

Is your garage hot inside? Is your garage door insulated? A recent customer called stating their garage was overheated. Their garage door was not insulated, and it projected a heat level of 135 degrees on the inside. After insulating it, that same temperature the next day, full sun was down to 85 degrees inside as the insulation blocked all that heat. Why pay \$2500 for an insulated door?

Another recent customer, their kitchen sink fell out.....yup right into their cabinet. The granite contractor never installed the sink properly. I fixed it up in a couple of hours, added the required support brackets, and it's now just like new. I've seen it all.

Large or small jobs, I'd appreciate the opportunity to assist you with your home repairs.

Thanks - John

Seniors and Military Personnel all receive a 10% Labor Discount.





THE 9HOLE LEAGUE

New Season

The new season begins on Thursday, September 7. We hope that it will cool off by then; this has been an unusual summer with lots of rain for a month, followed by heat and more heat.

We have 13 golfers on the league's roster this season. We gained one new member - **Shirley Orvosh** – although she isn't new to golf, having been an 18-hole golfer for many seasons. We also said a fond farewell to **Barbara Barclay**, **Susan Mitchell** and **Marian Zanetti**, all of whom have been long time members.

Our group will be headed by **Janine O'Connor**, President; **Cheryle Newman**, Vice President/ Membership; **Val Flemming**, Secretary; and **Judy Sessions**, Treasurer. Many other golfers have volunteered to head up other areas of the league.

September Schedule:

September 7 - Individual Game & Business Meeting

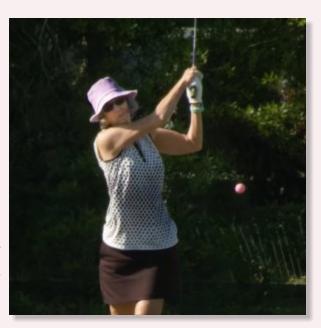
September 14 - 1-2-3

September 21 – Stableford

September 28 - Flags

Ringers Recap from Last Season

One of the competitions that the league plays each season is called "Ringers". The Ringer chair keeps the stats as the golfers try to improve their low score on each hole during Thursday play, and is kept as a running score throughout the season. Beginning this year, the competition is optional; if golfers want to participate, they pay a \$5 ringer fee to join. The competition will start on the first day of play in September but golfers won't be flighted until November, when our snowbirds return. We award prizes to the first and second place in each flight on each course. We express our thanks to **Barbara Barclay**, who has been the Ringer Chair for the past several seasons. This year, **Janine O'Connor** will take over. Last season's ringer winners were:



Flight 1/White Course: 1st - Cheryle Newman; 2nd - Sandy Waldrup

Flight 1/Blue Course: 1st - **Barbara Shinn**; 2nd - **Val Flemming**

Flight 2/White Course: 1st - Taunya Vise; 2nd - Janine O'Connor

Flight 2/Blue Course: 1st – **Bede Johnson**; 2nd – **Sharon Sprott**

Membership

Come join us! Dues are \$35. We welcome all female players with a handicap; although you can begin play without a handicap, playing while working to establish one. The current USGA Rule 4.5 says a total of 54 holes must be played and posted to your scoring record, and can be a combination of 9- or 18-hole rounds, which are then used to calculate your handicap index. No golf membership is required. We play each Thursday, rotating between the front and the back courses. We guarantee a sense of camaraderie with our ladies and an atmosphere of support to each player no matter her skill level. Please contact Cheryle Newman, Vice-President/Membership, with any questions (fnewman@bellsouth.net).



MAGNOLIA ADVERTISING HELPS CLAY COUNTY RESCUE MISSION THROUGH 'CCRM+'



Support our sponsors, whose advertising dollars from this issue contribute directly to the health and welfare of our community.

Badcock Furniture
EXIT Magnolia Point Realty
Home Video Studio
Lawn Service Near Me, LLC
Magnolia Home Services
Red's
Summit Physical Therapy
Yoga Den

MAGNOLIA POINT BRIDGE NEW PLAYERS WELCOME!

All games are friendly and we welcome new players. Sign up with a partner or as a single. One prize is paid out for each table, i.e., if there are four tables, the top four scores win money.

Duplicate and Social Bridge play on alternate Thursdays in the clubhouse dining room from 3 to 6pm. The fees are \$2.00 for Social and \$3.00 for Duplicate to cover the cost of prize money and supplies.

CONTACT

Social: Rannel Westberry <u>REW5538@comcast.net</u> Duplicate: Jon Bastress <u>JonBastress@gmail.com</u>

Social Bridge, Thu, Jul 27

- 1. Connie Byers & Jola Greiner
- 2. Marty Essex & Cindy Jennings
- 3. David Miller & Jerry Ritchie
- 4. Joan Sobanski & Carol Studer
- 5. Susan Mitchell & Sharon Sprott

Duplicate Bridge, Thu, Aug 03

- 1. Jon Bastress & Joe Thill
- 2. Connie & Michael Byers
- 3. Susan Mitchell & Sharon Sprott
- 4. Kim Belcher & Evie Ezzell
- 5. Joan Sobanski & Carol Studer

Social Bridge, Thu, Aug 10

- 1. Susan Mitchell & Sharon Sprott
- 2. Marty Essex & Cindy Jennings
- 3. Connie & Michael Byers
- 4. Jon Bastress & Joe Thill
- 5. Alice Lodge & Kaaren Tague

Duplicate Bridge, Thu, Aug 17

- 1. Connie & Michael Byers
- 2. Sondra Costa & Marsha Parker
- 3. Roy Gulick & Brad Lucas
- 4. Kim Belcher & Nancy Petillo
- 5. David Miller & Jerry Ritchie











