

THE
Magnolia
NEWS



NEWS OF INTEREST TO THE RESIDENTS OF MAGNOLIA POINT

VOLUME 4 • ISSUE 7

JULY 2023

BIRD SONG

FOREWORD

MAGNOLIA POINT COMMUNITY ASSOCIATION • Magpt.com • [Board of Directors](#) • [Committees](#)

Here comes July, the month known as a 'blind date with summer'!

The Board and Committees have some very informative reports worth your time, on **pages 3-6**.

Neuromuscular Massage is a therapy for a remarkable range of ailments, see **page 8**.

The cover's 'Bird Song' teases one improbably story about a car and true love. If it wasn't enough that Ford hatched a Thunderbird on Valentine's Day in 1956 in 'Goldenglow Yellow', fast forward 25 years to that same day, and Jim and Rosalind Arnold tie the knot. More years pass, the couple make the car theirs, but it wasn't until the Jim decoded the vehicle's data plate that he found the coincidence, and has gotten the attention of vintage Thunderbird owners worldwide. **See pages 10-11**.



Taking one for the team - No doubt you know about how our Monty Murphy goes above and beyond in pursuit of the wild Nutria that play house here now and then. But here's a case where the game got dicey; and it was a **neighbor's dog** who made his mark on our Ranger, objecting to Monty's visit to check a trap nearby. Read all about the

Murphys in this month's 'Faces', **page 14**.

Turn the page and get to know Marsha Zupan, a 'Face' familiar to many here. And, of course, Samantha! **Page 15**.

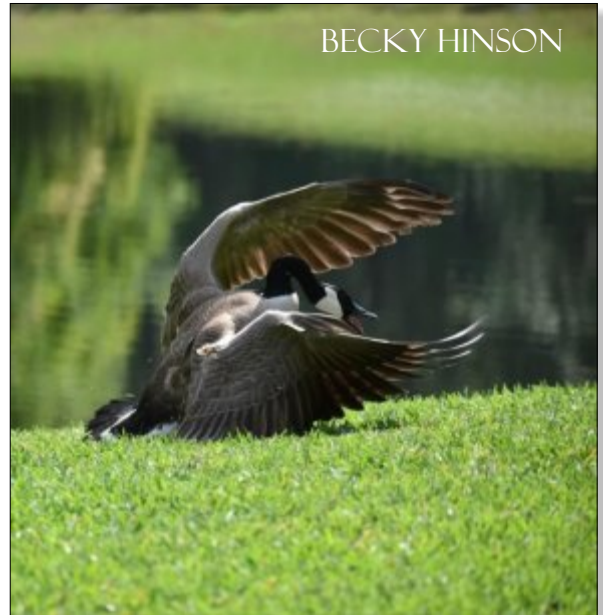
Followed by Cassandre Francois, one of this year's MPWC Scholarship winners, profiled on **page 16**.

And more familiar faces: Kathy and Keith Wilkes, who undertook a massive transformation of their home and property on Shinnecock Lane, giving new meaning to the concept of 'Sweat Equity', **pages 17-19**.

Just for grins, this month's 'Bloom' is a 'tongue-in-caveman-cheek' look at Paleo Diet selections you really *shouldn't* try at home, **page 24**.

The ladies 9 and 18 hole league reports round things out on **pages 25-26**. Congratulations to Bede Johnson, this year's 9-Hole 'Most Improved Player'!

And welcome back Magnolia Home Services, whose new ad appears on **page 23**, along with our newest advertiser 'Lawn Service Near Me, LLC', same page.



THE MAGNOLIA NEWS

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THE PHOTOGRAPHER-IN-RESIDENCE

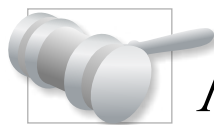
Becky Hinson

THE COPY EDITORS

Patricia Nisley • Becky Hinson • Susan Mitchell

Cover photo: Editor





We want to welcome Sharon Crain to the MPCA board replacing Trevor Rothfels. She will serve the remainder of his term of office until the Annual Members Meeting in March 2024. Based on her resume and completed questionnaire, she will bring additional diversity of thought and a commitment to improve the community. There were (3) excellent candidates this time and we want to thank all of you for volunteering.

The new Florida law HB 949 (Operating of a Golf Cart) takes effect October 1st. According to HB 949, golf cart drivers under 18 must be at least 15 with a learner's permit or 16 with a driver's license. Anyone who is 18 or older must have a valid government-issued ID. Previously, Florida law allowed a 14-year-old to drive a golf cart. Green Gove Spring police will be enforcing this law on our roads. Also, please keep in mind all golf carts in Magnolia Point must be registered with the Association and have insurance coverage.

We are working with the Green Cove Springs police to set up the annual Meet & Greet in the Club's Crystal Dining room on July 10th from 5:30–6:30PM. The police chief and officers will be discussing community crime statistics, upcoming area changes, and answering all of the residents' questions. The July MPCA board meeting will begin promptly at 6:30PM. As the area grows around our community, there is a need to open Medinah gate for visitor traffic. Paul Werring (Access Control), Mike Boucher (VP) and Sharon Crain (Member at Large) will be spearheading this effort. The intent is to open to visitors without sacrificing community safety and security. Contact them if you have any questions or suggestions.

Recently the community voted to dispose of the community entrance property on SR 17 where the lighthouse and Magnolia Point sign is located. This property is currently listed for sale for \$250,000 and we are entertaining all offers. The for-sale sign is in the process of being printed and will be posted as soon as it is available.

In 2019 the board decided to discontinue having a full time 40-hour CAM and move to a portfolio CAM to save money. Portfolio CAMs share their time and resources with several other communities. This leads to much slower response times when residents have questions or need help. I personally would like our community to have a full-time CAM that focuses on us every day. We are working with the management company to determine the logistics and to develop specific costs.

Based on the recommendation of the Strategic Planning committee, we hired a new Reserve Fund study company (Financial Advisors) a few months ago. The Reserve Fund is used to repair and replace Association infrastructure (e.g., roads, drainage, irrigation, gate equipment, etc.) and looks out 30 years to make sure we have sufficient funding. We met with them last month to look over the community's infrastructure and discussed our current plans and assumptions. Subsequently, they issued a preliminary study. Based on our initial review, we found a few items missing and we need to refine our infrastructure repair/replacement assumptions (e.g., do we add Miami curbing vs digging out swells, seal coating roads vs resurfacing, etc.) to reflect the latest professional engineering recommendations. Once the Reserve Fund study has been refined, we will share it with the community.

- JON BASTRESS, PRESIDENT



LANDSCAPE & IRRIGATION

We have been working on several renewal and renovation landscape projects at the front entrance and Medinah back-gate as well as Front Entrance Irrigation analysis and repair.

In June, our weather has gone from near drought to wet conditions. We have been struggling with intermittent irrigation in some areas caused by the antiquated and poorly maintained irrigation system



we have in the front entrance area. We are continuing the diagnosis and repair process as our irrigation provider systematically works through the zones on the various clocks at the front entrance area.

The shrubs we added in the garden area in front of the sign at the "T" last fall and the newly planted windmill palms are doing well. The yellow daylilies we added as accents have been blooming and are a nice contrast to Blue Daze and white SunPatiens in the flower bed area. The three white Natchez crapemyrtles donated by the Rothfels that we planted next to the sign on Florida's Arbor Day last January are doing well now with all of the rain we've had recently.

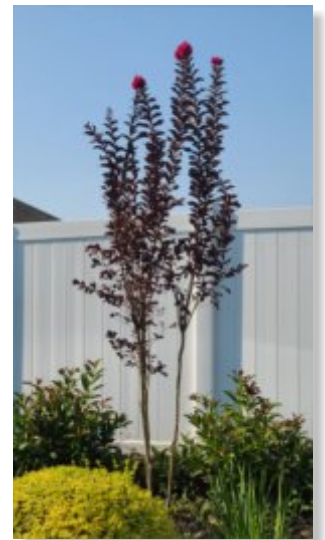
At the front entrance, we have started trimming back and shaping the shrubs that were planted last fall in the bed in front of the gatehouse. The next project for that area is the removal of the category 1 invasive tuberous sword fern behind the gatehouse and replacing them with either another non-invasive variety or another shade tolerant shrub or plant.

Our next projects in this area are the clean-up of the area along the wood fence and continuing the sodding in the adjacent lawn area on the entrance side approaching the gatehouse. The sodding project is subject to the continued repair, replacement or addition of heads to the irrigation system in that area.

We added three more red Drift roses to the bed in the lawn area adjacent to Harbor Road. The plan for that area is to sod a strip between the cart path and flower bed, move the irises closer to the existing Muhly grass, add another Muhly grass plant and mulch the bed.

While working at the front entrance, we noticed that parts of the hedgerow are dying off. It appears to be fungal in nature. The MPCA Board approved funds to clean out the debris in the area that has accumulated for years to improve air flow between the shrubs. The Committee trimmed off the dead wood, removed debris from the area around the affected shrubs and has been monitoring the shrubs.

Some of the coppertop viburnum plants at the back gate on Medinah have been replaced and are doing well. The other damaged plants are reviving and we have started shaping them. The 'Mystic Magenta', Black Diamond multi-trunk crapemyrtle trees that were planted in the back gate flower beds are thriving and have started to bloom.



The Committee held a meeting at the Medinah back gate to discuss how to further improve the appearance of that entrance on June 14, 2023. Several community members attended and signed up as volunteers or interested parties.

Our first Medinah gate project seeks approval from the MPCA Board to contact the individual homeowners who own the fences along our part of the road leading to the Medinah entrance to power wash

Continued



COMMITTEE BLAST • II

VOLUME 4 ISSUE 7 REPORTS FROM THE COMMITTEE CHAIRS

JULY 2023

our side of the fences and get approval to clean them. A release form for the homeowners to sign will be needed. Once the canvassing/approval process is completed, we will schedule the actual cleaning of the



fences by community volunteers with the power washing equipment generously offered by Mike Boucher, one of the MPCA Board members. If you would like to participate, please contact Raymond Ferrara at raymondferrara@live.com. Or 772-293-6133.

Other projects the committee is currently assessing are: wrapping some of the large utility boxes with a vinyl wrap of plant leaves or wildlife scenes; refurbishment /expansion of the community owned property around the Exit Realty owned property at the front gate, and renovating and replanting shrubs in our beds in front of the Exit Realty Building; installing

park benches on community property at the front entrance area and possibly throughout the Magnolia Point neighborhood.

The Landscape and Irrigation Committee will be announcing the Yard of the Quarter Award for the third quarter of 2023 at the MPCA Board meeting on July 10, 2023.

We would like to extend an invitation to our community members to help with finding homes with gardens that the community feels deserve recognition in it's Yard-of-the Quarter Award., Please contact Cindy Francisco at pltluvr44@aol.com with your yard suggestions.

We would also like to invite our fellow Magnolia Point community members to join the committee and help us move forward on our various renovation and beautification projects. Please contact Cindy Francisco at pltluvr44@aol.com or any L & I Committee member listed on the MPCA website under committees.

Other community news- every 4th Monday of the month at 11:30 to 12:30 am, the Clay County UF-IFAS extension provides a Free Horticulture Advice Series for Clay County residents at the extension facility adjacent to the fairgrounds on route 16, the program for July 24th is "How to Compost and Improve Your Soil".

- CINDY FRANCISCO



Photos: C. Francisco



COMMITTEE BLAST • III

VOLUME 4 ISSUE 6

REPORTS FROM THE COMMITTEE CHAIRS

JUNE 2023

ACCESS CONTROL

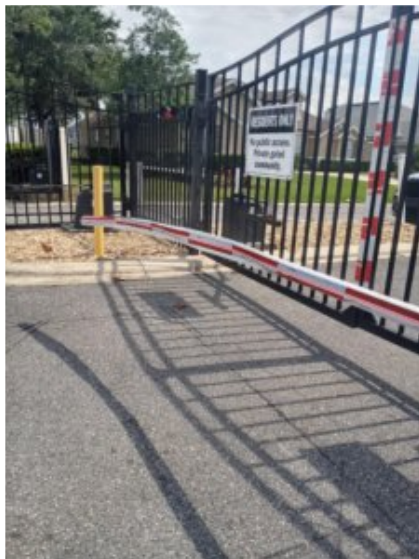


We have installed the Flock Safety camera system just inside the front gate. This system is a camera that can read a license plate and would notify local law enforcement of suspicious vehicles. License plates are the #1 piece of evidence that police request in the case of criminal activity such as home and car

break-ins. Flock Safety's cameras are entirely self-sufficient; they are solar-powered and send footage via mobile technology to a secure cloud-based network unique to our community.

Some people have asked why we have duplicate cameras at the front gate. That is a good question - the cameras perform different functions. The Flock camera is a proactive system that automatically alerts law enforcement (GCS police) when it detects a vehicle of interest. The video equipment in the gatehouse is a passive system that requires an incident (such as a gate hit) to trigger someone to review the 5 cameras to determine what happened. They are similar but differ in purpose and complement each other.

We have replaced the back entrance gate arm several times this year due to it being hit numerous times,



mainly due to contractors or visitors trying to tailgate through. As I mentioned last month, I will not be changing out this gate arm any longer unless I can't physically remount it or the LED lights aren't working. However, in light of these continuous hits and the fact many residents have expressed a desire to open that gate to visitors and contractors, I am in discussion with Board Members and Securitas on how to do this. The access control consultant that we hired provided several options to the gate to visitors and

contractors and we are exploring these and other options and what the cost would be for each of them.



Usually when residents report that a street light is not working it is repaired in a timely manner. However, we have been trying to get the one at the corner of Baltusrol and Colonial operational for several months now. Our contractor (T&M Electric) has completed

their part of the repair but we are waiting on Green Cove Springs (GCS) to restore power to the transformer which feeds this streetlight. T&M is staying in contact with GCS to provide us updates for making these repairs. At this point I do not have a firm timeline as to when this streetlight will be back operational.

We have finally fixed the back pedestrian gate which had not been working for a few months. To use this gate all you need to do is enter your five-digit TR code that you can find on the back of your remote clicker and then enter the # symbol. Thank you for your patience while we worked through this issue.

We received a bad batch of remote clickers used by residents to gain access to Magnolia Point. These remote clickers have a Facility Code number of 030 that can be found on the back of the clicker. If you have received one of these clickers, please return it to the Securitas Officers at the front gate. Once we have collected all the bad remotes, we are going to send them back to the vendor for repair or a refund. In the meantime, we are working on getting new remote clickers from another source but are not sure how long this will take. We apologize for this inconvenience and hope to remedy the situation as soon as possible.

- PAUL WERRING

Photos: P. Werring



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NEUROMUSCULAR MASSAGE THERAPY

Clinical Bodywork or Neuromuscular massage therapy (NMT) is a specialized form of manual therapy in which concentrated pressure and friction is applied to muscle strain trigger points. These are areas of the muscle where there is a contracture of the tissue causing an inability of that muscle to relax due to a lack of blood flow and nutrients. Trigger points can be hypersensitive and cause pain, weakness and fatigue in the muscle. Trigger points can also produce referral pain, which means you can experience sensations of numbness, tingling or dull aches further away from the trigger point.

NMT techniques are specialized and designed to correct postural distortions, movement dysfunction, and alleviate pain by treating trigger points, muscle adhesions and other connective tissue patterns. These problems are typically caused by trauma or injury, overuse or repetitive movements and/or bad posture.

Common Medical issues appropriate for NMT:

- Neck pain
- Headaches
- Sciatica symptoms
- Plantar fasciitis
- Carpal tunnel symptoms
- TMJ (jaw pain)
- Back pain
- Knee pain
- Medial or Lateral epicondylitis
- Constipation

Benefits of Neuromuscular Massage

- Improved blood circulation
- Reduced or elimination of pain
- Improved posture
- Lower body toxin levels
- Improved flexibility, mobility and strength
- Balanced musculoskeletal and nervous systems

- with Matt Hutto PTA, LMT
for The Magnolia News



"When first seeing Matt after having an achilles tendon injury for 10+ years, he recommended a completely new approach. Matt specializes in Neuromuscular massage and explained my tight calves could be the reasons I wasn't healing. Sure enough, after several massage sessions I improved for the first time in years. I am forever thankful to Matt. I truly believe his unique approach gave me healing and independence I had been seeking for years." - Denise F.



"I have had years of trouble with migraines and recently got a neuromuscular massage by Matt. He worked on muscles in my neck I didn't even know existed!! When he was done my migraine was gone and there was no after effect of the headache either. I would highly recommend people give this shot if you have muscle tightness or headaches that have been hindering your day-to-day function." - Ashley G.





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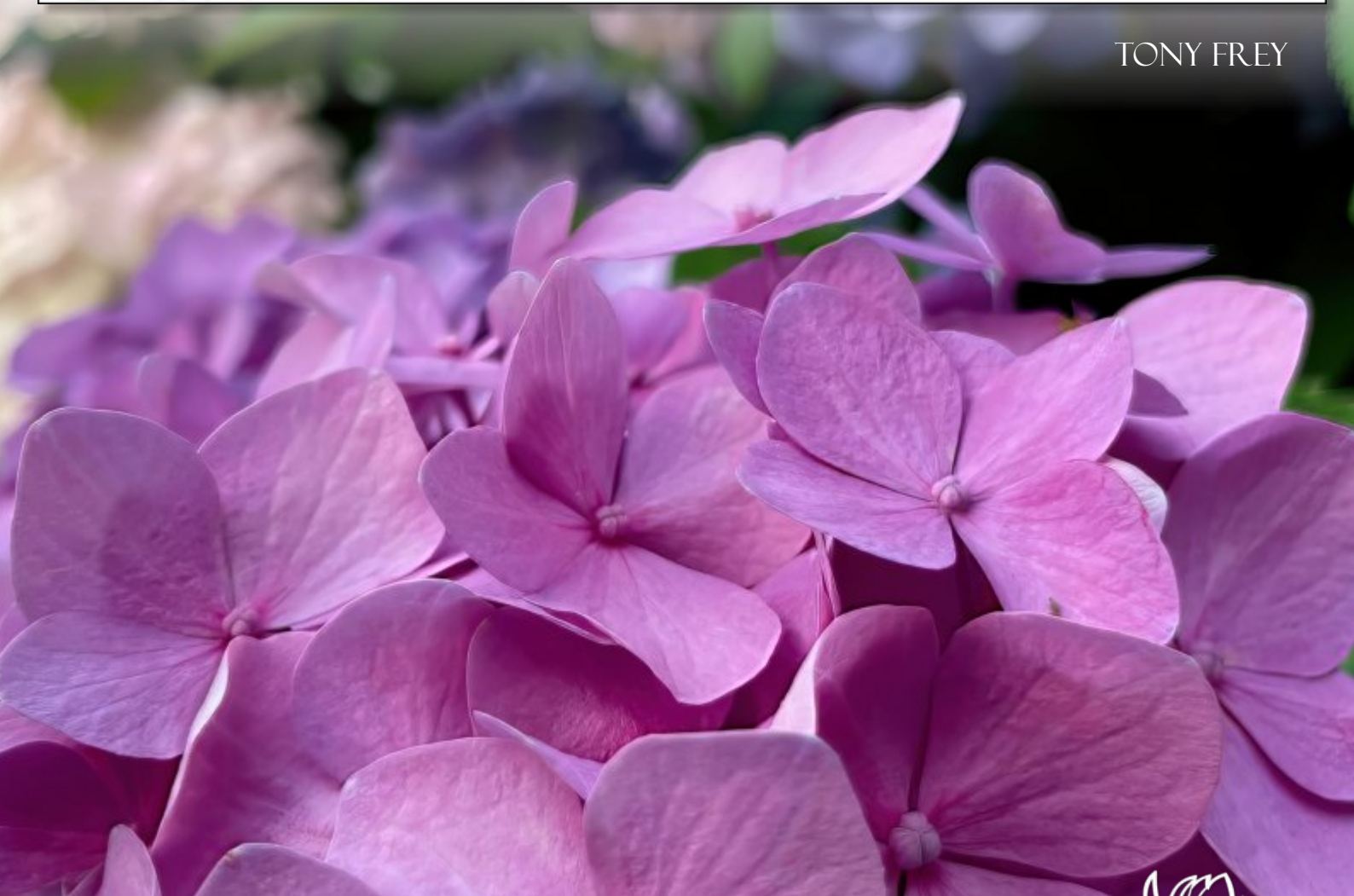
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1956 FORD THUNDERBIRD



Tell us about your car

It's a 1956 Ford Thunderbird. I have been looking at and interested in older cars for some time. I thought the T-Bird was a great example of a true "Classic Car" and the fact that it was yellow and had the "Continental" tire kit on the rear completely sold me on this one particular car. Of course, it didn't hurt that the car is the same age as my wife, Rosalind, and they both are beautifully decked out in yellow.

Can you tell us about the history of this classic?

I bought it in late 2022 from a South Florida used car dealer, but don't have much history. Also, the Coker White Walls looked almost new, but I quickly found out they were 16 years old, so I had to buy new ones for safety.

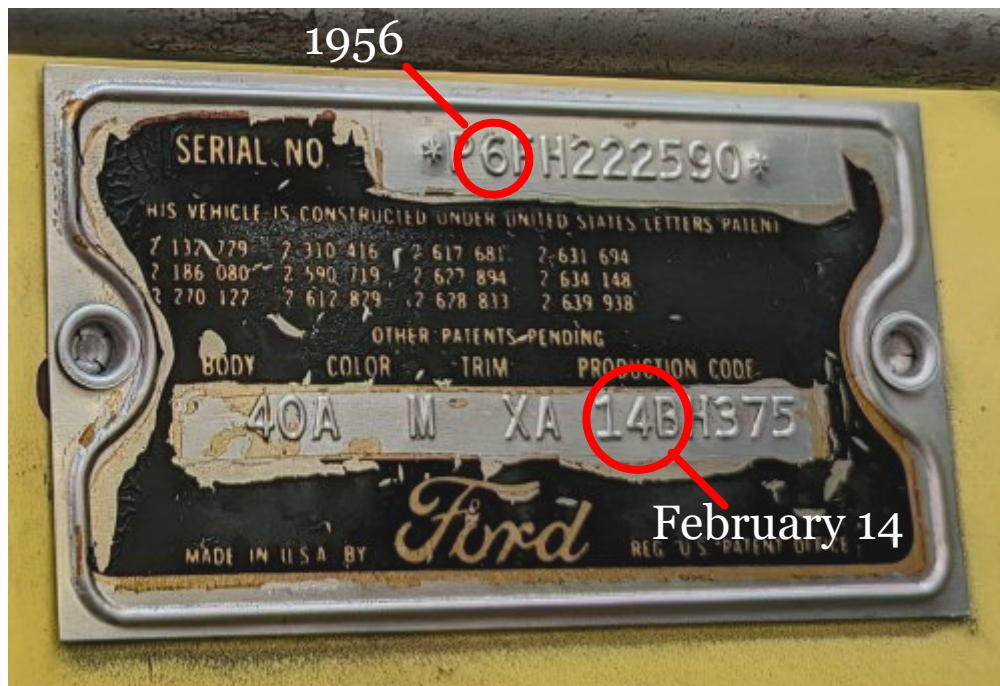
Are you in any car clubs, and have you participated in any events or shows?

Yes, Clay County Cruzers which is a great organization of local car & truck lovers that does remarkable charity events. I just finished with a "Top 25" trophy at their "Rev It Up" car show at Moosehaven and met dozens of folks that loved the car.



Have you restored or customized the car, and if so, can you tell us about the process?

Upon delivery of the car, the defective battery was replaced, and I am going through any non-working components. I am keeping a meticulous scrapbook of everything done to date. For example, I replaced the exhaust manifolds with new, ceramically coated ones to ensure they would never rust again. The entire exhaust system is being replaced now with the tailpipes going through the bumper as originally designed. My good friend and master mechanic Woody Underwood has done most of the work on the car. I have done the little items such as touchup painting, etc. Other improvements are new heat sensors, new gas gauge, radiator overflow tank, some minor paint work by "Darren's" and upgrading the car's wiring. I think the car had a semi-complete restoration about 17 years ago, and the interior still has that newly restored look!



February 14

Continued



MAGNOLIAchrome



Crosby endorsed and his 2 minute commercial selling this car can be easily found on YouTube which brings back great memories of those old stars like Hope and Crosby.

What's your favorite experience with your car and what do you love most about owning it?

Easiest question of all. Owning the T-Bird is just a way to relax while not worrying about making double bogeys, losing a fish or missing a turkey. Also,



What do you do to maintain it and keep it running well?

Change the oil, keep it very clean and polished and drive once a week or so. The 312 C.I. engine starts and runs better than you can believe for a 67 year old car.

How often do you drive it?

I take it to the Pub, Elks Lodge and a few other nearby spots. I hope to drive it to the Villages this October for the Classic Thunderbird Club International ("CTCI") Regional Convention where some 300+ other classic T-Birds ('55-'57) will be on display.



everyone seems to love looking at the car and asking about it. Lot of thumbs up and horn honking along the way too. However, the best fact (which I didn't learn until the car was delivered) is that the data plate on the firewall shows a manufactured date of "14B" which means Valentine's Day 1956! Unbelievably, my wife and I walked down the aisle 25 years to the day later to get married!!

Are there any unique features about your car you like or dislike?

Again, the Continental package sets this car apart from all others. Of course, it has 3 tops, including the classic white with porthole top, custom black ragtop stored behind the back seat and a cockpit cover as well. Finally, the car is Bing



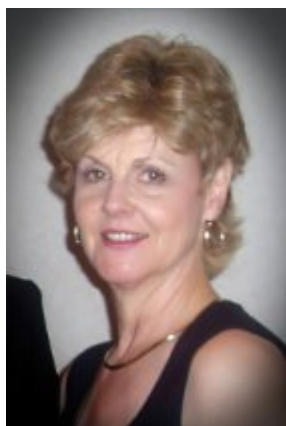
Photos: Editor



MPWC UPDATE

PAST PRESIDENTS OF THE WOMEN'S CLUB • II

In continuing with the spotlight of the past presidents, two more former women share their thoughts



Nancy Nettuno 2004-2005 and 2005-2006

Nancy has also served for many years as our Grants Director and has been instrumental in receiving donations from corporations for our Maggie's Meals program.

What was your greatest accomplishment as President? We became a 501(c)(3) charity at the national level and later at the State level, allowing us to seek grant funding and leader training to support our scholarships and assistance to underprivileged youngsters. I served two years and partial third term. Membership then was robust.

What are the biggest changes you have seen in the Women's Club? We became a resource of help for needy children primarily at Charles E. Bennett (CEB) in Green Cove Springs and Clay High School.

What are your hopes for the Club? I hope to see new residents joining our organization and a revival of our current members.

Cindy Triay 2007-2008

What was your greatest accomplishment as President? Susan Mitchell and I started the paperwork to become a 501(c)(3), with Susan doing most of the work. We had some incredible Programs. My directors were Dee Pratt and Gwen Alters, and they did an amazing job. Members enjoyed many fun events. A Christmas tea was held with music provided by the Magnolia Point Singers under the direction of Allen Eastman, and Susan Hill and her church flute quartet with harpist Masako Fukata, daughter of former member Koko Fukata. Masako at the time was a member of the Jacksonville Symphony. We had author Jim Jordan, who wrote several books about Savannah during the Civil War as a guest speaker, and that was followed up by a bus trip to Savannah organized by Hattie Reddinger Busch, where the members met up with the author who showed several small groups his favorite places, followed up by lunch at Paula Deen's restaurant. Our own "Benjamin Franklin" visited and several members stayed after to enjoy a Yankee Pot Roast dinner with him and his wife. Member Sarah Spurrier stepped up and organized a train trip from Palatka to Winter Park, where members toured the small shops and enjoyed a boat trip around Rollins College. Without amazing volunteers, my year as President would not have been as incredible as it was.



What are the biggest changes you have seen in the Women's Club? The difficult time finding volunteers. I am sure COVID had a lot to do with that.

What are your hopes for the Club? I just stepped up to be Program Director with Pam Brame and Jackie Maneval and am hoping to get people excited about coming to the meetings and volunteering. The reason I say that is because without volunteers, we just exist.





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How long have you lived at Magnolia Point?

We moved here from Fleming Island in 2014. Almost 9 years ago.

Who's in your immediate family, at home here or elsewhere?

A niece, Gwen, in Williston.

Do you have any pets?

Sierra, a 4 year-old Goldendoodle who thinks she's still a puppy.

What was your passion at 16?

Sharon: school activities, friends, the beach, surfing and music.

Monty: I had five jobs in high school. One was at the largest horse auction east of the Mississippi River, the start of my passion riding rough stock at rodeos.

And now?

Sharon: tennis, pickleball, book club, all card games, and everything at MPGCC, MPWC, and Friends of the GCS library. *Monty:* staying active in the community, riding my motorcycle and keeping busy with real estate projects.

What advice would you give to a 16-year-old today?

Sharon: always choose to do what is right and have goals.

Monty: I have always enjoyed teaching high school kids things like getting to work on time, how to use tools properly, your word is your bond, and most important: be honest in all your dealings with people.

What do you like most about your home?

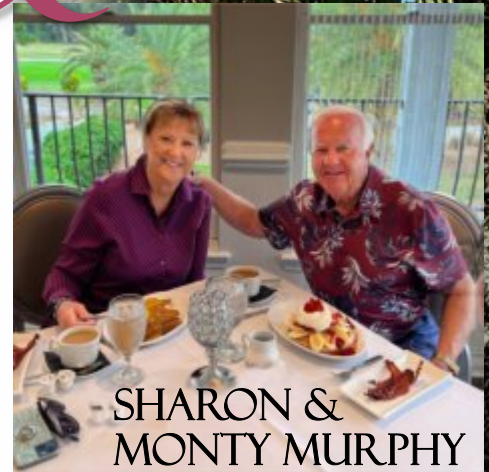
Sharon: that it is in a friendly and safe community. *Monty:* we have always had a home where I could have my toys parked on my property: cars, motorcycles, airplanes, tractors, and boats. But I've adjusted to life at Magnolia Point. The people are nice, the community is safe, and my wife stays busy all the time with her hobbies. Great place to live.

Do you have any household projects in the 'planning' or 'dream' stage?

Sharon: I'm afraid to do any projects because as soon as I finish we end up selling again! *Monty:* We have owned five houses in Magnolia and have lived here just a short nine years. Each house is a new project to keep me busy.

Do you see yourself living here in 5 years?

Sharon: we have owned and upgraded five homes here and we always say this is the last move. *Monty:* Our friends take bets on how long we will live in a house.



FACES & NAMES 1565 STONEBRIAR ROAD



How long have you lived at Magnolia Point?

We built our dream house in 2001, it was a courtyard home. We built this type of house because are children live out of town. It was perfect because they had their own space. The pool in the middle was well used by the kids! There were times they arrived at 11pm, got into their suits and jumped right in. As time went on, grandkids went off in their many different directions and it was difficult for them to find time to visit. We found the courtyard to be more work than we wanted and moved in 2020 to World Golf Village. It was nice but not Magnolia Point. We lived there for 2 yrs.; until my husband passed. I needed to get back to all my friends and moved back in July of 2022.

Who's in your immediate family, at home here or elsewhere?

I am blessed with two children and 6 grandchildren. My daughter and family live in Columbus, Ohio and my son and family live in Westlake, Ohio.

Do you have any pets?

I have a "beyond spoiled" Yorkie! Samantha started with allergies at 6 months, she is now 13 years old. Because of her allergies I put walking boots on her, she does well with them.

What was your passion at 16?

Boys and cars.

And now?

To get my new house the way I want it. There are lots of expensive growing pains with it.

What advice would you give to a 16-year old today?

Be kind and respectful, these two attributes will take you far. Help change the world with your attitude!

What do you like most about your home?

The size. I moved from a 2600 sf home to a 1800 sf home. My new home is a very comfortable size for a single person.

Do you have any household projects in the 'planning' or 'dream' stage?

Remodeling the bathroom right now.

Do you see yourself living here in 5 years?

As long as my health is good, I will stay in Magnolia Point but I know there will come a time to live closer to my children. I hate the thought of moving back to snow!



CASSANDRE FRANCOIS

SCHOLARSHIPS WERE AWARDED TO FOUR CLAY HIGH GRADUATING SENIORS BY THE MAGNOLIA POINT WOMEN'S CLUB. HERE ARE COMMENTS FROM ONE OF THE WINNERS.



Who has been a role model for you?

To answer the first question I have two answers. My all time role model is my mom, she has always inspired me to work after and aim for the best at all times. And in regards to school, a role model for me was my AP Lang teacher, Mrs. Sweat. Although I did meet her in junior year she encouraged me a lot when I was in her class and even during senior year when I no longer had her as a teacher.

Tell us about a personal achievement during high school of which you are especially proud.

A personal achievement from high school that I am especially proud of is doing Miss Clay High. No it isn't not acing my test scores or any sports achievement but solely participating in Miss Clay; although I did not place, it became one of my favorite moments in high school. Simply being a part of the event was important to me because I am a timid person who rather not be in front of a crowd but after some encouragement I decided to go for it and it's definitely a decision I will never forget. From the friends I made during the time to learning to not hold myself back, it was a personal achievement that pushed me as a person and it was overall an experience I will never forget.

What is one thing you liked most about Clay High and your time there?

One thing I loved most about Clay High School was how friendly everyone was. I was new to Clay High and didn't know anyone there but the students and staff were so welcoming that I didn't have as much of a hard time making friends as I usually do. There are so many memories made with so many great people and that's what made high school so special.

What advice would you give a freshman there today?

For every freshman going to Clay, the one advice I would give you is to not be afraid to try things. Whether it's sports or clubs, whether you're new to it or not, just go for it. Life is short and high school is meant to be a time of fun memories, so try out for that one sport or the plays or even the robotics club, I can assure you that you will meet many people and make even more memories.



Since 2003, the MPWC has given out \$161,100 in scholarships. We started with \$1,500 the first year and this year, gave out \$15,000 in scholarships. We can only do this with the support of our residents. Photo: Becky Hinson



RUTLEDGE FALLS
TENNESSEE



- Tony Frey

PIPEVINE
SWALLOWTAIL

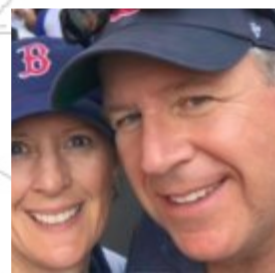


- Cindy Francisco



OUTSIDE

KATHY & KEITH WILKES
3614 SHINNECOCK LANE



How long have you lived at Magnolia Point?

We built our home 18 years ago.

You've got both the front patio/entrance and a terraced patio the backyard with a pool; which of these were remodels or additions, and if so, what did you do?

Four years ago we decided to give the house a total exterior facelift. It started with painting the house Alabaster white. Painting the trim and walls all the same color really allowed the French style to pop. Then it was time to completely redesign the landscape. We dug up everything and started over in the front and back yard.

What do you like best about these spaces?

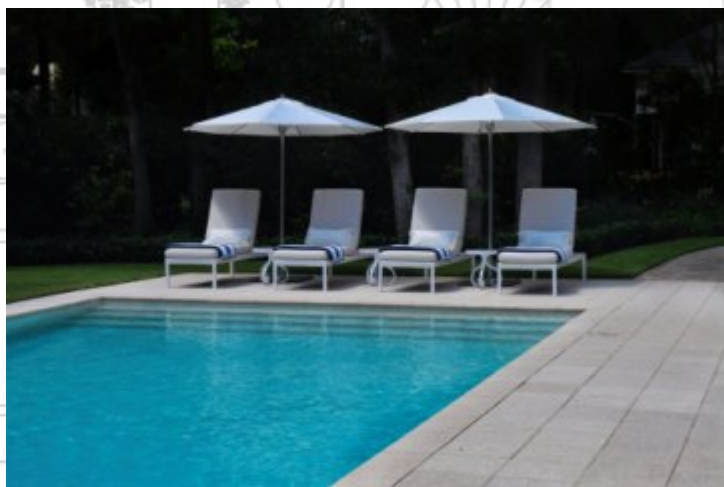
There are different rooms in the yard with a variety of plants and birds. There is something blooming in every season and it's a hobby we can enjoy together.

Is your backyard the go-to space for your entertaining?

We are always outside whether it is competing in ping pong, having dinner or floating in the pool. Even the front yard is used. One of our favorite memories is having a Italian dinner with the Dapras in the front yard. It was impromptu and we pulled out the wine, checkered tablecloth, candles and music. The spot was perfect at that moment.

The seasons obviously can affect your use, how might you adapt to them?

That's a good question! I think we use the yard equally year round.



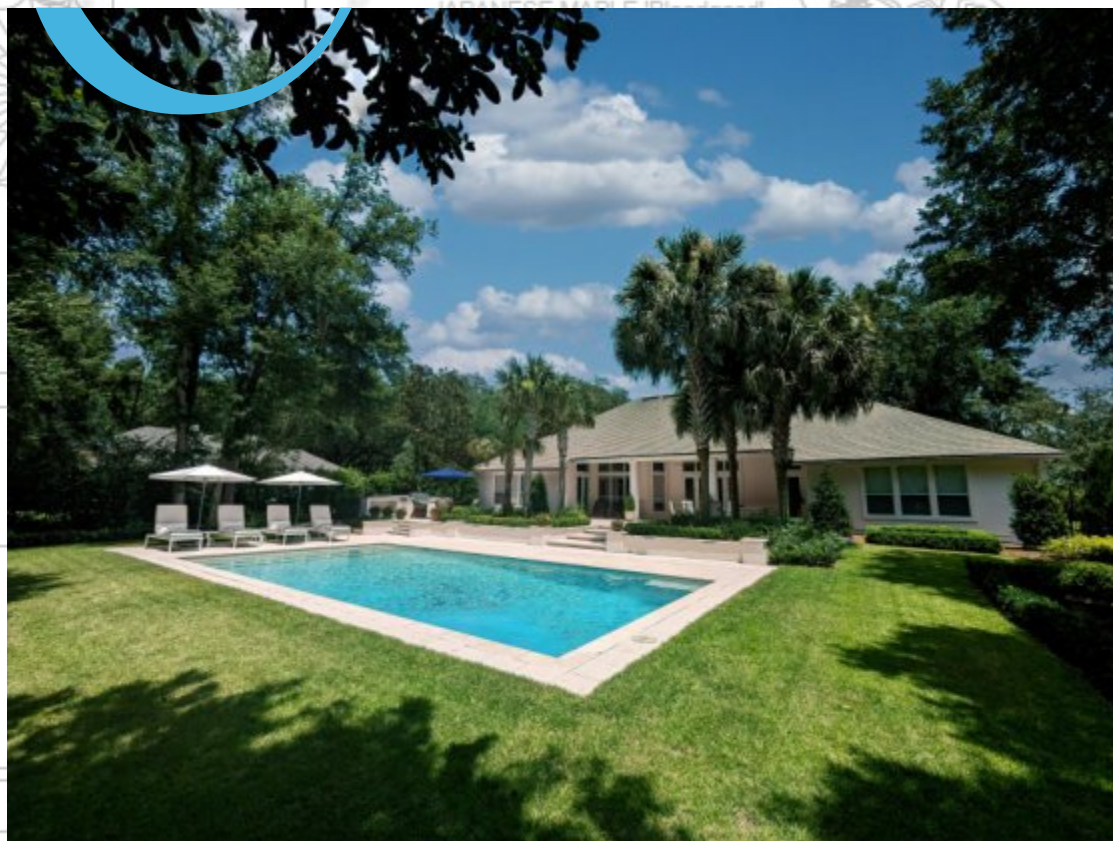
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3614 SHINNECOCK LANE

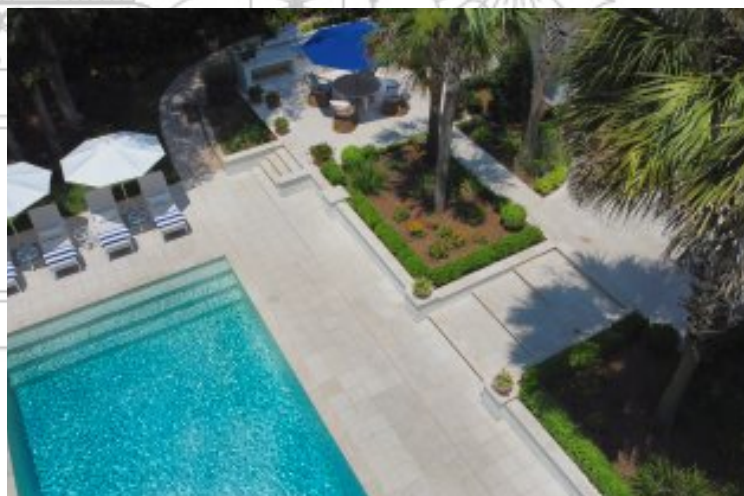
Were there any drainage, logistics, permitting, issues, etc., that challenged these projects?

The hardest part was actually finding a contractor that was willing to do both the pool and upper patios with retaining wall. We wanted a single entity responsible so there would be no finger pointing if something went wrong. There were certainly lessons learned along the way.



Tell us about the materials, and features that went into these spaces.

The pool and surrounding patios are Shellrock by Artistic Pavers in tan. We chose that product for the clean lines and variety of shapes and sizes. It was important to have everything match from the decking to the stairs and wall caps. It was one of the only products that offered the wide range of coping and specialty pieces required for the project. The sidewalks in the front and backyard entryways are Old Town pavers by Tremron in sand dune. The walls of the grill and retaining walls are stucco and painted to match the house.



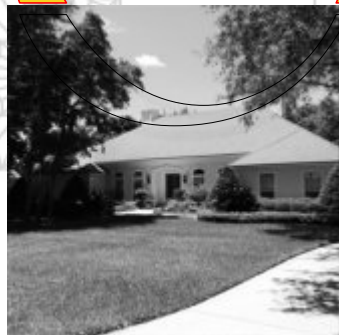
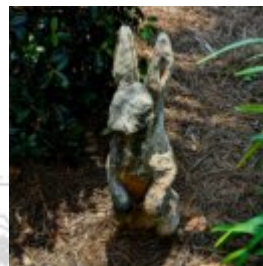
Photos: Editor

Continued





3614 SHINNECOCK LANE



Did you work from formal plans, or work the design as you went?

We had so many ideas! We knew we wanted to start with a garden design that incorporated a pool versus a pool with landscaping around it. We had a landscape design company draw up the plans for the backyard and we loved it so much we asked them to draw the front yard. They did the creative design and selected the variety of plants that would be hardy for our area. We took it from there with shovels in hand dug up the old plants, cut the new beds and planted all the new plants. We worked every weekend for months with help along the way from friends and our grandson. It was a labor of love!



Night Photo:K. Wilkes





BECKY HINSON



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INTERIORS UPDATE

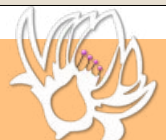
In the February issue, we examined



the process of 'filming' your windows to help keep your home warmer in the winter and cooler in the summer. And even though it was winter, the afternoon sun was

making the front rooms of our house uncomfortably warm; after the windows were filmed, those spaces were much more habitable. Now I can report that the effect, now that summer is here, is no less than astonishing! My office, for example, was off-limits from 2-7PM each day, even with the blinds shut tight! Now, I'm one cool cookie, allowing me to spend even more quality time on my photography and writing. *I can't recommend 'throwing shade' enough!*

- Editor





PALEO DIET SELECTIONS

NOTE: The Paleo or 'caveman' diet, is a modern fad diet consisting of foods thought by its proponents to mirror those eaten by humans during the Paleolithic era. - Wikipedia

Rat-a-Two-e: dried and smoked, served on a skewer, in pairs. Served with garlic mustard early Hollandaise, prepared with duck eggs and bison butter.

Terra-Lactyl: 'Milk of the Earth'. Ibex milk is infused with garlic mustard extract, chilled in glacial streams, yielding a kind of prehistoric savory milkshake. No doubt the inspiration for the inscription 'got lac?' seen on cave walls in the region.

Tea-Rex: a ceremonial drink made by boiling nettle leaves. And garlic mustard.

Boar Terrine: Wild boar filet pounded to a purée to which the liver is added, the pâté cooked in a covered crock and served on Einkorn toast-points with a garlic mustard and nettle-zest relish.

Toads-in-the-Holes: literally. Soup bowl-sized holes are carved into sandstone, into which toads are placed, one to a bowl, alongside hot coals wrapped in leaves. This is covered with the upper skull of a bison, and left to steam. Served with a wild pepper and garlic mustard *Romesco*.

Rindoceros: actually wild boar, a specimen chosen for any resemblance to the much larger Woolly Rhino, cooked in a stone-lined pit. Hot rocks are placed inside the pig's chest cavity, along with an assortment of berries, wild onion, and garlic mustard. This is topped off with a few gallons of 'Tree Blood', a heady mead of wild honey and crushed cherries. The boar is wrapped in its own hide which has been previously soaked in brine, and contains the liquids. Serves 40.

Merry Marrow: roasted sections of thigh bones, preferably bison, cooked upright on hot stones, the marrow scooped out with bone spoons, served on a einkorn flatbread with field greens and garlic mustard and duck egg Aioli.

Dinersaur: not a food item at all, but likely a reference to the first paying customers. Some caves show evidence of regular visitation by guests who may have provided trade goods to individuals like Paleo, and others, for foods prepared in exchange.

Fish Stick: The original dried fish. Large salmon were split, salted, dried in the sun, and kept to eat during the winter months when fresh fish were scarce. Considered to be the true origin of the cliché of a 'caveman' clubbing and dragging a mate by the hair, dismissed by anthropologists by the damage that such a stone weapon would certainly inflict. Evidence now suggests that the Fish Stick was used, in fact by both sexes in a playful mock battle, to woo and subdue prospective mates, and in hopes of conveying to a prospective couple the salmon's fertility. The salt on the battered party was licked by the suitor, hence, 'To lick your wounds'. The tasty batons were then steeped in warmed garlic-mustard infused Auroch milk and served by Mammoth-grease candlelight.

Tiger's Egg: obviously not an egg, but an early type of haggis. A section of Sabre Tooth Tiger's stomach is scalded, and soaked in cold salted water; this is stuffed with a mince of the heart and lung of an Ibex lamb, the tiger's favorite prey. A dish considered to bring good fortune by honoring the tiger's tastes in the afterlife; served with a tomato and garlic mustard gazpacho, memorializing the blood of both animals.

Gastrodon: Roasted Mammoth shank, basted with a garlic mustard, prune and suet reduction, paired with mammoth grilled Pleistocene shrimp, possibly marking the first known surf-and-turf. Served Au Jus over chunks of barleycorn flatbread.

Barney: little is known of the main ingredient, other than it was basted on an open fire with a thick, prune and garlic mustard glaze, and served only to children.

- D. Petraglia, *Dark Matter Journal*, Summer 2014

Bloom



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THE 18 HOLE LEAGUE - ANN BURDEN

Our regular season ended on May 25 and our 2023-2024 season will start in the Fall. There a lot of opportunities to play in the summer. There is an informal group that plays on Tuesday mornings. We welcome any woman with a 36 or lower handicap to join us. For information contact Ann Burden at abur1938@gmail.com or 904-874-5777.

On **May 25** our format was Flags: On holes with blue flags we counted the best ball of the foursome. On holes with white flags we counted two best balls and on holes with red flags we counted three best balls. The winners were: **Bonnie Burkhart, Pat Burnell, Hyun Coffman** and **Sue Tucker**.

After lunch **Fran Kinney**, our tournament chair, presented awards to the winners of season long contests and the winners of our prestigious two day competition, the President's Cup. It is a tournament that was played on February 23 and 24 this year. The overall champion and Low Gross winner was **Bonnie Burkhart** with two-day total of 175. **Hyun Coffman** took First Low Gross with a total of 187. **Connie Manning** was First Low Net at 145.

In our season long Stableford tournament the Golden Girls eked out a win over the Honey Badgers 820 to 806 points. Congratulations to the ladies in pink: **Erin Love, Connie Manning, Diane Gove, Fran Kinney, Jeanne Gorman** and **Joanne Montzka**.

Next Fran gave out prizes for Ringers, the best score each of us made on each hole this year. It's nice to know that if we played our very best on each hole in the same day we'd all be very good golfers! Lastly Fran presented us with a very nice Vice golf ball for each birdie made during Thursday play.

Nice job hosting a very enjoyable celebration and thanks for organizing and running our weekly games.

June 6 was the first of our Jacksonville Area Summer Team Match Play competition. There are 23 area courses that compete in match play for ten weeks. Magnolia Point has been a participant in the league since its founding over 25 years ago. We played against Deerwood at Deerwood. Our A team of **Bonnie Burkhart** and **Brenda Bailey** scored 8 points to Deerwood's 10 points. Our B team of **Jeanne Gorman** and **Donna Willard** lost 7 -11. Our C team of **Ann Brown** and **Casey Yeoman** won 10.5 to 7.5. Overall, Magnolia 25.5 Deerwood 28.5. The scoring is one point for a win on each hole and a half point for a tie. Well done team, for the first time playing on an unfamiliar course!

June 13 was another away game. This time at Jacksonville Golf and Country Club. Our A team of **Bonnie** and **Brenda** lost 5.5 to 12.5. Our B team of **Fran** and **Rebecca Goodwin** won 11 to 7 and our C team of **Ann Brown** and **Erin Lambert** won 11 to 7. The total: 27.5 to 26.5. *A win! Good job!!*

June 20 we were scheduled to play at Eagle Harbor but it is rescheduled for June 29 due to rain. Is anyone else feeling a little *waterlogged*?!



| June 13, 2023 Results | | | |
|--|---|--|---|
| Area 1 | Area 2 | Area 3 | Area 4 |
| Jax Beach GC 32 Ponte Vedra Inn Club 22 | Deercreek CC. 32 St. Johns GC 22 | San Jose CC 30.5 St. Johns CC 23.5 | St. Johns GCC 31 Deerwood 23 |
| Amelia National 28 Fleming Island 26 | Palencia 31.5 Golf Club of Amelia 22.5 | King & Bear 27.5 Marsh L./TPC 26.5 | Plantation 28.5 Eagle Harbor 25.5 |
| Hidden Hills. 30.5 GC S Hampton. 23.5 | Amelia Island LP 27 Bye | Sawgrass CC 27.5 Amelia River 26.5 | Magnolia Pt 27.5 Jacksonville GCC 26.5 |
| Jax Beach 62.5 Ponte Vedra IC. 54 GC | Deercreek CC 59 Palencia 57 | King & Bear 55 Marsh L./TPC 54 | St. Johns GCC 61.5 Jacksonville GCC 54.5 |
| S. Hampton. 53 Hidden Hills 52.5 | Amelia LP 55.5 St. Johns GC 50.5 | Amelia River 53 GC N Hampton 49.5 San | Magnolia Point 53 Plantation 52 |
| Amelia National. 51.5 Fleming Island 50.5 | GC of Amelia 48 | Jose CC 30.5* Sawgrass CC 27.5* | Eagle Harbor 51.5 Deerwood 51.5 |

* Missing 1 score. Will be played 6/23/2023



THE 9 HOLE LEAGUE

Summer Play

A small group of ladies have been golfing on Tuesday and Thursday mornings since the season ended in May; we'll continue play starting at 9:00 AM on those days through the summer. All ladies who are interested in joining our league are welcome to play with the summer groups; contact **Janine O'Connor**, the League President, or the Pro Shop for more information. Besides being fun and low keyed, the tee times afford an opportunity to practice your game and establish a handicap if needed.

Most Improved Player

At the league's awards day in May, one of the awards handed out is for the Most Improved Player (MIP). This award is to recognize the golfer who improves their handicap from the beginning of the season in September to the end of the season in May. To determine the MIP, the USGA has a formula to calculate each player's improvement.

The past few years have seen very few of the golfers improving their handicaps, and this year was no different. We were proud to award the MIP to **Bede Johnson**, a first-year member of the league. Bede's game consistently improved each week and it paid off at the end. Bede's handicap improved by 1.137 strokes during the season.



Bede Johnson - Most Improved Player



There are different "rules" on how many scores are used to establish a handicap index, and our league goes back and forth for new players. The most recent rule, according to the USGA Rule 4.5, Rules of Handicapping, says that "in order to establish a handicap index, a total of 54 holes must be played and posted to your scoring record. These scores can be made up of any combination of 9- or 18-hole rounds. 9-hole scores are combined in the order that they are received to form 18-hole Score Differentials™ that are used to calculate your Handicap Index. Once you have posted a total of three 18-hole Score Differentials, a Handicap Index will be issued to you the very next day. (Rule 4.5, Rules of Handicapping)".

In closing, there are all kinds of theories about the importance of each golfer posting her score through GHIN whenever they play a round, whether they are playing away or at home (being Magnolia Point). The most common themes are that it helps track a golfer's improvement, makes a golfer eligible to participate in tournaments and charity events, keeps the game fair when participating with golfers of all skill levels, and reinforces that your game is better than you think, even though you posted a high score.

- SANDY WALDRUP

Membership: Contact Cheryle Newman, Vice President, with any questions fnewman@bellsouth.net



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MAGNOLIA POINT CONTRACT BRIDGE CLUB

All games are friendly and you can sign up with a partner or as a single. One prize is paid out for each table, i.e., if there are four tables, the top four scores win money.

Duplicate and Social Bridge play on alternate Thursdays in the clubhouse dining room from 3 to 6pm. The fees are \$2.00 for social and \$3.00 for duplicate to cover the cost of prize money and supplies.

CONTACT

Social: Rannel Westberry REW5538@comcast.net

Duplicate: Jon Bastress JonBastress@gmail.com

Duplicate Bridge, Thu, May 25

1. Evie & Joe Ezzell
2. Susan Mitchell & Sharon Sprott
3. Jon Bastress & Joe Thill
4. Phyllis Boyd & Alice Lodge
5. Cindy Jennings & Brad Lucas
David Miller & Jerry Ritchie (tie)

Social Bridge, Thu, Jun 01

1. Connie & Michael Byers
2. Alice Lodge & Kaaren Tague
3. Marty Essex & Cindy Jennings
4. Jon Bastress & Joe Thill
5. Sondra Costa & Marsha Parker

Duplicate Bridge, Thu, Jun 08

1. Kim Belcher & Evie Ezzell
2. Phyllis Boyd & Alice Lodge
3. Susan Mitchell & Sharon Sprott
4. Sondra Costa & Marsha Parker

Social Bridge, Thu, Jun 15

1. Alice Lodge & Kaaren Tague
2. Jim Cardozo & Rannel Westberry
3. Sondra Costa & Marsha Parker
4. Jon Bastress & Joe Thill
5. Marty Essex & Cindy Jennings

Duplicate Bridge, Thu, Jun 22

1. Connie & Michael Byers
2. David Miller & Jerry Ritchie
3. Marty Essex & Jola Greiner
4. Carol Jennings & Joan Sobanski
5. Kim Belcher & Sharon Murphy





BECKY HINSON

